Baggage- it’s who we are- good and bad. How we are seen and how we see ourselves.

Night is told from one persons perspective. Before the Nazi’s Elie was a very different person than after. His experience defined who he is and what he stands for. Although most of our lives will not face such a horrible life altering and life defining experience, we are shaped by our experiences and our identity and thus given the opportunity to stand up for what we believe in, who we are. In order to understand what you stand for you first have to understand who you are.

Our identity is a combination of many factors. It includes both the labels others place on us and the words and phrases we use to describe ourselves.

Using the lunch bag I gave you in class decorate it, label it, make it your bag. Put on the outside the things you let others see and inside the things you keep inside or private.

Start with basics

Gender,

Ethnicity

Religion

Jobs you have (responsibilities)

Physical characteristics

Places you have lived your life

Cities

States

Nations

Homes-

Schools

Who you have shared your life with

Family

The people you let close

The labels

You have given yourself

Others have given you

Our values and beliefs

The experiences that have shaped your life

Who are you?

What do you value?

What do you believe?